

Victim/Survivor Rights

- You have the right to determine whether or not you want to report the sexual assault to law enforcement.
- You have the right to report but not pursue prosecution.
- You have the right to be treated in a considerate manner by law enforcement and prosecutors.
- You have the right to contact law enforcement and the State Attorney's Office.
- You have the right to obtain copies of police reports regarding the sexual assault.
- You have the right to privacy and strict confidentiality.
- You have the right to have common reactions to the sexual assault such as sleeplessness, nightmares, anxiety, and fear.
- You have the right to have someone, such as an advocate, with you at police and court proceedings (line-up identifications, depositions, criminal hearings).
- You have the right to be loved—you **have done nothing wrong.**

Quigley House—Clay County's
Domestic Violence and Sexual
Assault Center
Free, Confidential Counseling and
Advocacy Services
24-hour hotline:
904-284-0061

Florida's Statewide Domestic
Violence 24-hour Hotline
1-800-500-1119



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At Any Age....



NO MEANS NO!

Being forced or pressured into sexual acts with another person is sexual assault. This person may be a stranger, a date, an acquaintance, or a spouse.

The Facts About Sexual Assault

One in four women, and one in seven men, will become victims of sexual assault in their lifetime.

Rape is a crime of violence.

Rape can happen to victims of all ages.

75% of all rapes are committed by people we know.

Victims do not invite the rape by the way they are dressed. Rape can happen to anyone.

No means no – regardless of the situation. We all have the right to say what happens to our own bodies.

What To Do If You Are Raped

Do not disturb anything at the scene of the crime. Do not shower or change your clothes. If you shower or change your clothes, you risk destroying valuable evidence that can be used to prosecute your rapist.

Notify the police by calling 911. Reporting the assault is not the same as prosecuting; the decision to prosecute can come later. A police officer and an advocate will accompany you to the sexual assault center for a physical examination (during this examination, evidence will also be collected for prosecution). The Quigley House advocate can supply you with clothing, as the sexual assault center may need to keep your clothing as evidence.

A Quigley House advocate will always be available to assist you and accompany you throughout the legal process and at any point in the future.

Remember, the victim is not to blame for the crime—the criminal is.

Common Reactions to Rape

Headaches

Exhaustion, Restless, or Insomnia

Anxiety, Fear

Loss of Appetite/Increased Appetite

Forgetfulness, Inability to Concentrate

Irritability, Mood Swings

Lowered Resistance to Illness

Nightmares

Flashbacks of the Assault

Feelings of Powerlessness

Difficulty Trusting Others

Anger

Sadness; Feelings of Grief

Withdrawal

Wondering, "Why Me?"